

Forum : Forum sur l'égalité de genre

Thématique : Face au regain des tensions et des enjeux autour du genre, comment atteindre l'ODD n°5?

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Situation familiale <ul style="list-style-type: none">• Marié/en couple○ Célibataire• Avec enfants, si oui combien : 2	Niveau d'étude <ul style="list-style-type: none">○ Primaire○ Secondaire• Universitaire
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1. De quelle manière êtes-vous concerné.e par le sujet ?

As a 33-year-old indigenous woman from Mexico, married and with two children, gender inequalities worry me deeply as I have witnessed them my entire life, and achieving Sustainable Development Goal n°5 is an essential task for me. As an indigenous woman, I get reminded daily of the injustices in this world, and as a mother, I want my children, especially my daughter, to grow up in a society where opportunities are equal, no matter gender or cultural background. Since a young age, growing up in a rural community in Mexico, I have witnessed how girls are encouraged to leave school at a young age to marry or start working to help their families, and how women have no land or resources because of the patriarchal and ejido systems, where women were excluded and not allowed to own. Furthermore, as an indigenous woman, I also faced discrimination for my language and culture. Experiencing this motivated me to keep studying and go to university and study law, a field dominated by males, especially in Mexico. There I faced racism and sexism, being judged and questioned about my ability simply because I was an indigenous woman or just a woman. This motivated me more, and my studies have given me tools to defend human rights, particularly concerning indigenous people and women. Today, I work as a human rights lawyer in a local NGO in Oaxaca, and I work closely with indigenous women from there. I see daily how they have reduced chances of employment, education, and proper political representation. This affects me as a woman, a mother, and a wife, who wants a better future for her family and community. Achieving SDG n°5 would close the gap between men and women, helping to get closer to an ideal future for everyone.

2. Que proposez-vous à votre échelle ?

At my level, I believe that meaningful changes must come from both legal advocacy and community engagement. As an activist who works in a small local NGO, I help indigenous women through legal support and workshops where they can learn their rights and to speak up. Promoting education is key for women; it prepares them for the world, helps them get jobs, and be independent. In minority communities, such as indigenous women in Mexico, women are encouraged to drop out of school at an early age and get married, but this can be solved by providing scholarships for countryside and indigenous communities and creating incentives to promote their education. I also advocate for more women, and women from minority communities, in political spaces where important decisions and policies are made. Achieving this means women can be rightly represented, and policies and laws are made based on real needs. Through public awareness campaigns in schools and media, traditional stereotypes can

be confronted and normalize the idea that women can also be professionals, decision-makers, and leaders. Protecting women is important, but giving them tools and opportunities so they can thrive by themselves is equally important. Change comes from ensuring women have proper education, equal job opportunities, and political representation. Achieving SDG nº5 is not only essential for women but also for future generations, families, and entire communities.